

NET INTRO | Mastering your NET Elevator Speech

Your NET Intro (or NET Elevator Speech) is a two-sentence synopsis of your neuroendocrine cancer that can be communicated in 30 seconds or less.



Sentence #1 | Diagnosis

1. Your relationship to neuroendocrine cancer:

"I am living with" or "my spouse/child/parent/friend/other relation is living with..." or "I or my spouse/child/parent/friend/other relation was diagnosed in [year] with..."

2. Tumor differentiation:

"Well differentiated" or "Poorly differentiated"

This refers to how abnormal the cells look compared to the surrounding healthy, non-cancer cells.

3. Tumor grade:

"Grade 1, 2, or 3" (optional: Ki-67)

This refers to how quickly the tumor cells are dividing. It differs from "stage" which refers to how far the cancer has traveled.

Note: Lung NETs, pheochromocytomas, and paragangliomas are not classified by grade. Lung NETs are classified as typical/atypical carcinoma or large cell/small cell carcinoma.

4. Functional status of the tumor:

"Functional" or "Nonfunctional"

This refers to whether the tumors produce hormones (functional) or do not produce hormones (nonfunctional).

5. Site of tumor origin and metastases:

Origin

This indicates the site where your tumor originates. (Note: It remains the same even after surgical removal and even if you no longer have evidence of disease.)

Metastases

This indicates where tumors have spread outside the site of origin (liver, bones, etc.).

6. Year of diagnosis (optional):

Example of Sentence #1:

"My husband was diagnosed in 2015 with well-differentiated, grade 2 (Ki-67 index of 15) nonfunctional pancreatic NET with metastases to the liver and bones."

Type or write your Sentence #1 below:

Sentence #2 | Treatment History

Briefly summarize your surgeries and treatments. Master Sentence #1 before adding Sentence #2.

Example of Sentence #2:

"My husband has had surgery, somatostatin analog (lanreotide or octreotide), liver-directed therapy (RFA), and PRRT."

Type or write your Sentence #2 below:



NET INTRO | Your NET Intro card



Cut out your wallet-sized NET Intro card below and fold along the dashed line. Carry it with you at all times in your purse or wallet, or simply take a photo of your card to keep it with you on your phone. To better preserve the longevity of your card, it can be laminated.

<p>www.LACNETS.org/netintro</p> <p>NET Intro card</p> 	<p>Original Diagnosis</p> <div data-bbox="755 751 1344 1031"></div>
 <p>NET Intro card</p> <p>www.LACNETS.org/netintro</p>	<p>Treatment History</p> <div data-bbox="755 1121 1344 1400"></div>

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Fold 2nd
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so sentences
are inside and
Intro Card, logo
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